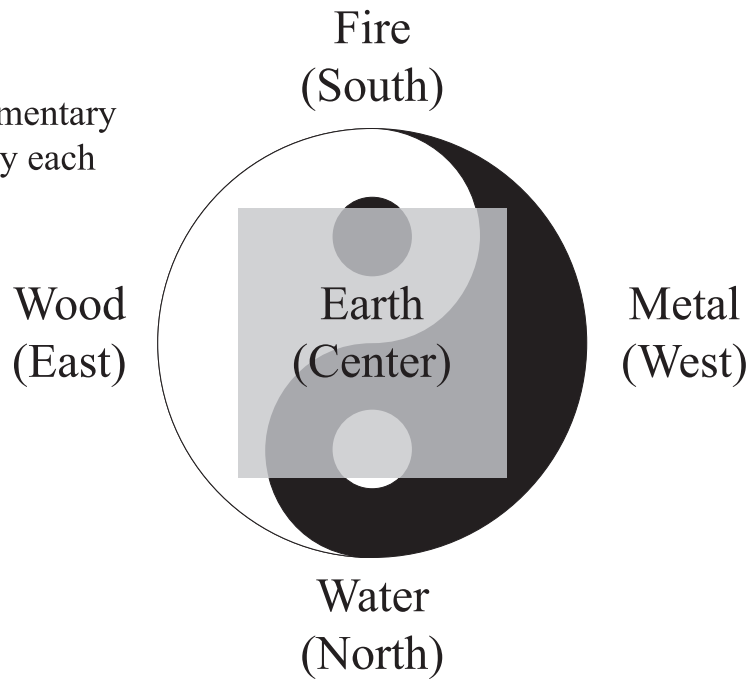


### Five Phases:

#### *Directional Sequence*

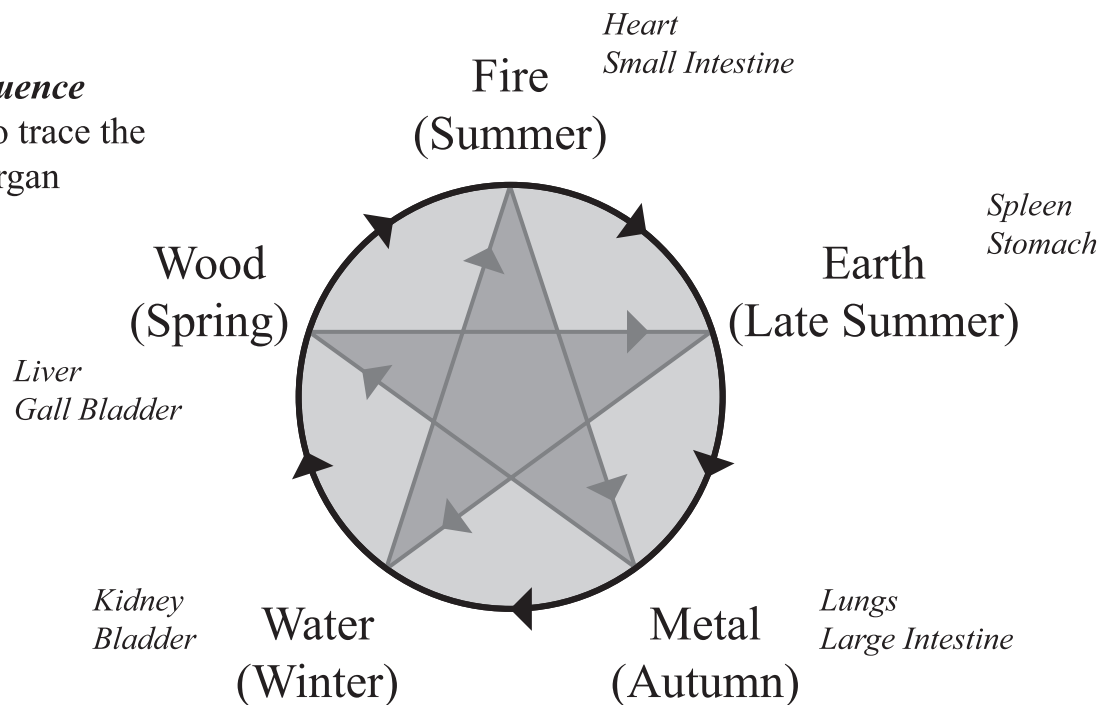
This shows the complementary polarities represented by each natural metaphor.



### Five Phases:

#### *Seasonal Sequence*

Enables one to trace the sequence of organ pathology.



- **Shēng Cycle** - pictograph of a plant rising from the ground (grow, give birth to, bear, produce). Water feeds plants. Wood feeds fire. Fire creates earth (via ashes). Earth harbors precious metals. Metal condenses mist to create water. Deficiency in one organ causes deficiency in the next along this cycle of mutual nourishment.
- **Kè Cycle** - pictograph of roof on supports (shoulder, bear, repress, subdue, overcome). Water quells fire. Fire melts metal. Metal chops wood. Wood prevents erosion of earth. Earth keeps water within the stream bed. Weakness in one organ causes excess in the next along this cycle of mutual control.